

ARMY NOTES.

Capt. J. L. Phillips, asst. surg., has been re-lieved from further duty at Fort Crawford, Col., to take effect on his relinquishing the unex-pired portion of his present leave of absence, and will report to the comdg. officer at Camp Guthrie, O. T., for duty.

Second Lieut. L. G. Berry, 4th Art., will report to the board of ord. officers appointed to meet at the Army Building, New York City, on Tuesday, Dec. 2, 1890, for examination with view to selection for transfer to the Ord. Dept.

Leave of absence for 6 months on surg.'s certificate of disability, with permission to go beyond sea, has been granted Capt. H. G. Burton,

Twenty recruits have been ordered to be assigned to the 1st Cav. and forwarded to such point or points in the Dept. Dak. as the comdg. gen. of the dept. shall designate.

First Lieut. Fred Wheeler, 4th Cav., has been ordered without delay to Jefferson Barracks, Mo. This detail is made with a view to a tour of duty until Oct. 1, 1892.

Leave of absence, to include Dec. 15, 1890, on account of sickness, is granted 2d Lt. G. W. Martin, 18th Inf.

The following transfers in the 7th Inf. are made: 2d Lt. C. H. Cochran, from Co. A to Co. D; 2d Lt. W. S. Graves, from Co. D to Co. A. Lt. Graves will join the company to which he is transferred.

Maj. L. T. Morris, 3d Cav., has been detailed as a member of the board of officers appointed to meet at Fort Sam Houston, Tex., by Special Orders No. 268, Nov. 15, 1890, for the examina-tion of such officers as may be ordered before it to determine their fitness for promotion, vice Capt. R. I. Eskridge, 23d Inf. relieved

Lieut. Col. I. D. De Russy, 13th Inf., has been relieved from duty as insp. of small-arms prac-tice at Hdqrs. Div. Pacific, to take effect Dec. 10, and will then join his regt. in the Dept.

Leave of absence has been granted the fol-lowing officers: 1st. Lt. J. O. Mackay, 3d Cav., recruiting officer, 1 month; 1st Lt. C. S. Hall, 13th Inf., recruiting officer, 7 days.

The extension of leave of absence granted 2d Lt. A. W. Brewster, 10th Inf., has been still further extended 2 days.

First Lieut. Theodore Mosher, 22d Inf., has been ordered to Columbus Barracks, Ohio. This detail is made with a view to a tour of duty un-

Lieut. Cols. F. H. Parker and J. P. Farley, Ord. Dept., have been relieved from duty as members of the board of officers appointed by War Dept. order dated July 22, 1884, for the purpose of testing rifled cannon, etc., and 1st Lieuts. W. W. Gibson and O. M. Lissak, Ord. Dept., have been detailed as members of said

The leave granted 2d Lt. C. W. Faber, 8th Cav., Aug. 11, 1890, Div. Mo., is extended 1 month

The following changes in the stations and duties of officers of the Ord. Dept. have been ordered : Capt. D. A. Lyle is relieved from duty at the proving ground, Sandy Hook, and assigned to duty as insp. at the Midvale Steel Works, Philadelphia, to relieve Capt. C. C. Morrison before Dec. 1, 1890. Capt. Morrison will report for duty at Watervliet Arsenal not later than Dec. 1, 1890. Capt. John Pitman is relieved from duty as chief ord. officer Dept. Dak, and of the command of the Fort Snelling Ord. Depot, to take effect upon an officer of the line being designated for that purpose by the comdg. gen. Dept. Dak., and is assigned to duty as insp. at the West Point Foundry, Cold Spring, N. Y. Capt. L. L. Bruff is detailed as a member of the board of ord. officers appointed Oct. 1, 1888, for the purpose of preparing plans, etc., for the erection of an Army gun factory, vice Capt. Charles Shaler, hereby relieved.

Gerald Russell, 5th Cav., having been found incapacitated for active service by an Army retiring board, has been ordered to his home and report by letter to the Adjt. Gen. of the Army.

Leave for 4 months, to take effect as soon after Jan. 1, 1891, as his services can be spared by his post comdr., has been granted 2d Lt. H. G. Trout, 9th Cav.

Col. A. R. Buflington, Ord. Dept., has been ordered from the National Armory, N. Y., on public business in connection with his duties as president of the Army gun-factory board.

Capt. Charles Hay, C. S., has been ordered from Denver to Greeley, Col., on public business.

THE NAVY AND MARINE CORPS

An Annapolis special to the Baltimore Sun says: "For the purpose of ascertaining to what extent an armor plate can be affected by freezing, the authorities at the U.S. naval proving ground Thursday experimented with the French nickel plate, which has been tested on several former occasions with good results. The plate had been frozen to about 4 degrees below zero. The 7th shot fired at the plate, the projectile being of the same character as those used in the test several months ago, pene-trated the plate about the same distance that the previous shots did, but did not go through it, and as far as could be observed had no greater effect on the plate than when it was at normal temperature. The test demonstrated that winter weather will not render the armor of our yessels easier to penetrate.

Chief Eng. G. H. White has been placed upon the retired list from Nov. 18. Lieut, J. M. Hawley has been ordered to

duty at the Naval Academy. Lieut. A. L. Hall has been detached from the Coast Survey steamer Endeavor and ordered to

Ensign L. M. Garrett has been detached from special duty and ordered to the San Francisco.

Lieut, V. R. Harris has been ordered to duty at the Naval Academy. Surg. J. J. Ayres has been ordered to the re-ceiving-ship Wabash.

Boatswain Hollowell Dickinson has been de-

tached from the Franklin and ordered before a retiring board. Lieut. A. C. Baker's order to the Palos has been revoked, and he has been ordered to special

duty at the Navy Dept. The new cruiser Maine was launched at the Brooklyn Navy Yard on Tuesday. A large number of distinguished people went from here at the invitation of Secretary Tracy. Among them were Assistant Secretary Soley, Gen.

Grant, Assistant Secretary of War; Maj. Gen. Schofield, Rear Admiral Jouett, Rear Admiral Crosby, Commodores Dewey, Wilson, Farquhar, and Folger, Paymaster General Stewart, Judge Advocate General Remey, Rear Admiral Frank-lin, (retired.) Second Comptroller Gilkerson, Miss Stoughton, Mrs. Gen. Foster, Mr. and Mrs. Ferguson, Mr. Bancroft, Dr. and Mrs. Loring, Miss Blaine, Marshal Ransdell, and military and naval attaches with the foreign

Lieut. A. C. Baker has been ordered to duty in connection with the Chicago Exposition.

Ensign E. W. Eberlee has been detached from the Albatross, and granted 3 months'

Surg. H. M. Martin has been ordered from the receiving-ship Wabash, and ordered to ap-pear before a retiring board.

Lieut, Col. G. P. Houston, of the Marine Corps, has asked to be placed on the retired list under the 30 years' service law. He was appointed Oct. 23, 1860, and served with distinction during the war, being brevetted for gallant conduct. His retirement will promote Maj. James Forney to be lt. col., Capt. H. A. Bartlett to be maj., 1st Lt. R. Wallach to be capt., and 2d Lt. F. J. Moses to be 1st lt.

The Navy Dept. is making a selection of offi-cers conversant with Spanish to visit the South American republics and facilitate the procurement of adequate representative exhibits for the World's Fair. Lt. Baker is the first selec-tion and will act under the direction of the Dept. of State.

Lieut, C. F. Pond has been ordered to the Mare Island Navy Yard.

Lieut. G. H. Stafford has been ordered to the Michigan.

Lieut. Comdr. C. H. West has been detached from the New York Navy Yard and ordered as asst, to the insp. 3d Light-house Dist.

The Baltimore arrived at Naples Thursday

S. G. Evans has been appointed an asst. surg. in the Navy from Nov. 18. Lieut, B. H. Stevens has been detached from

the receiving-ship Vermont, granted 1 month's leave, and ordered to hold himself in readiness for sea service. The Secretary has ordered the trial of the new cruiser Newark to take place next Tuesday morning. The trial board will consist of Capts. Henry Erben and Silas Casey, Comdr. W. R. Bridgeman, Constructor, Bridgeman

W. R. Bridgeman, Constructor Bridgeman, Chief Engs. Ayres and Alston, P. A. Engs. H. N. Stevenson, Albert Engard, R. J. Reid, Asst. Engs. C. A. E. King, W. P. Winder, C. A. Carr, Emil Heiss, R. C. Redgrave, K. McAlpin, L. D. Minet. The vessel is required to make Gen. Howard, comdg. the Div. of the East, has been requested to cooperate with the naval forces in New York Harbor in the demon-

stration of welcome to the Brazilian squadron

expected at New York this week.

The following have been appointed cadets at West Point: F. T. Bachelor, 12th Dist., New York City; Brooke Payne, 8th Dist., Warren-York City; Brooke Payne, 8th Dist., Warrenton, Va.; T. S. May, (alternate,) Cockland, 8th Dist. Va.; G. H. Davis, Mount Sterling, 8th Dist. Ohio; Elgie Tway, (alternate,) London, 8th Dist. Ohio; T. W. Broatch, Omaha, 8th Dist. Neb.; C. R. Howland, Oberlin, 14th Dist. Ohio; T. E. White, Norwalk, 14th Dist. Ohio; C. F. Trædevieaux, (alternate,) Alleghany, 23d Dist. Pa.; Daniel Delaney, Stockton, 2d Dist. Cal.; Arthur Fisher, (alternate,) Grass Valley, 2d Dist. N. Y.; B. T. Allen, Brooklyn, 2d Dist. N. Y.; W. Q. Dwynes, Columbus, 6th Dist. Wis. Columbus, 6th Dist. Wis.

DISTRICT MILITARY.

Upon the recommendation of the co. comdr. Privates William Scott and Bernard Waters, of Co. A, 3d Batt., are appointed corps., to date Nov. 10, 1890.

Don't Live to Eat. From London Truth.

The persons living to green old age who have come within range of my observation were abstemious themselves, and either sprang from poor families or came from the South, where heavy meals are not enjoyable. M. de Lesseps is almost Oriental in his abstemiousness at the table, he being of a Southern family and having lived long in hot countries, which are as healthy as any to those who adapt themselves to the climate. Catherine de Medici made it a rule to rise from the table with an appetite, and to pre-fer lentils and onions and chestnuts to meat. Stanley greatly explains his success when he says that all he wants is a crust of bread, a mouthful of meat when he can get it, and a cup of tea. I once knew an impresario, who was also a Jew. He held carnivorous feeding in horror, and told me he never lost his time seeking for fine voices in countries where fish or meat diet prevailed. The vocal birds are eaters of grain, fruit, and vegetables; no carnivorous one could ever sing a song. It croaks, has a bad liver, and is generally melancholy.

The Benefit of Coffee.

From the Scientific American. Dr. I. M. Love, of St. Louis, in a paper on this subject, said that his experience for five or six years past had been strongly in favor of taking a cup of strong, black coffee, without cream or sugar, between two glasses of hot water, before rising every morning-at least an hour before The various secretions were stimuated, the nervous force was aroused, an hour later a hearty meal was enjoyed, and the day's labor was begun favorably, no matter how the labor was begun favorably, no matter how the duties of the day and night preceding might have drawn upon the system. Another cup at 4 in the afternoon was sufficient to sustain the energies for many hours. In this way the full effect was secured. If along with this the proper diet was taken at the proper times—and the ideal diet for those who make large describes upon their paragraphs and exdraughts upon their nervous systems and expected to have them honored was hot mflk— and at least eight hours of sleep were taken out of every twenty-four, one's capacity for work would be almost unlimited.

For Boys and Girls.

Read the announcement on the 11th page of to-day's Henald. It will interest you, and your sisters, and your parents, and your ccusins, and your aunts.

Drink Tannhauser beer. H. Benzler.

Furniture at Auction.

Ratcliffe, Darr & Co., auctioneers, announce in to-day's issue another large sale of fine furniture at their rooms for Tuesday next, November 25. This firm enjoys the facility of having sufficient sales and show room to display their goods for exhibition prior to day of sale, when they are sold exclusively within the rooms, which, at any, and particularly at this season, is most advantageous to their purchasers as well as to their consignors, as neither the goods or attendants at their sales are subjected to the cold and inclement weather to which they were forced to submit before the advent of this en-terprising firm. The goods for this sale are now on free exhibiton at their rooms, 920 Pennsylvania avenue northwest.

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